



### Synergistic Considerations

**Drainage-Tone  
Lymph-Tone I, II, or III  
Core Cilantro Blend  
Opening Channels  
Program**

*These statements have not been evaluated by the Food and Drug Administration.*

## Metal-Chord

**Metal-Chord** is a homeopathic combination formula for symptoms related to the presence of heavy metals. Besides homeopathically prepared metals, the formula also contains homeopathically prepared herbs such as barberry, milk thistle, and burdock, which assist with the over-all symptom picture. Practitioners find it helpful to use Drainage-Tone or Lymph-Tone I, II, or III with this product.

*For symptoms such as hypersensitivity, difficulty concentrating, memory lapses, metallic taste in mouth, itching skin rashes, peeling skin, hair loss, muscle spasms, twitching, joint pain, and sharp back pain.*

### Ingredients and Symptomatology

#### **Allium cepa 6X (Onion)**

Burning eyes and eyelids, hacking cough, pain and tenderness of face, red streaks running up arms, sensations of glowing heat.<sup>1(p89-92)</sup>

#### **Allium sativum 6X (Garlic)**

Heavy headaches, pain in limbs, peeling skin, pain and tingling in feet.<sup>1(p92-4)</sup>

#### **Alpha-lipoicum acidum 12X (Thioctic Acid)**

Forgetfulness, anxiety, irritability, difficulty concentrating, sharp back pains, muscle tingling, dizziness, constipation, restless sleep, itching skin.<sup>2(p195)</sup>

#### **Alumina 15X, 30X (Aluminum Oxide)**

Memory lapses, confusion, buzzing in ears, coughs, hair loss, difficulty urinating, pain and numbness in limbs, dry mouth, bad breath, itching skin eruptions, restless sleep, temperature fluctuations, vertigo.<sup>1(p106-12), 3(p267-70)</sup>

#### **Arsenicum metallicum 15X, 30X**

Memory lapses; twitching; itching, peeling skin; hair loss; exhaustion with sadness.<sup>1(p241-2)</sup>

#### **Berberis vulgaris 4X (Barberry)**

Burning in bladder area; burning soreness and sensitivity in kidney area; reddish urine with thick mucus; itching, burning skin; pustules.<sup>1(p335-40)</sup>

#### **Cadmium metallicum 15X, 30X**

Hypersensitivity, irritability, difficulty concentrating, apathy, difficult respiration, headaches, nausea, vertigo, buzzing and pain in ears.<sup>1(p393-5)</sup>

#### **Carduus marianus 4X (Milk Thistle)**

Coughs with bloody mucus, nosebleeds, skin ulcers, apathy, forgetfulness, dull headache, restless sleep, shaky when hungry.<sup>1(480-4)</sup>

#### **Cetraria islandica 12X (Iceland Moss)**

Bitter taste in mouth, nausea, coughs, mucus with blood.<sup>1(p511)</sup>

#### **Cuprum metallicum 15X, 30X (Copper)**

Muscle spasms, violent cramps, attacks of rage and tearing of things, bluish skin, clenching thumbs in palms, icy-cold skin.<sup>1(p679-82)</sup>

#### **Cysteinum 12X (L-Cysteine)**

Yellow, itching skin; pain in liver region; difficult respiration.<sup>4(p165)</sup>

#### **Glycyrrhiza glabra 4X (Licorice Root)**

Fatigue, skin rashes and eruptions, scaly red skin, nerve pain.<sup>1(p859)</sup>

#### **Hepar suis 9X, 12X, 6C (Liver Extract)**

Itching skin eruptions, irritability, aching pain in extremities, ringing in ears, difficulty sleeping, twitching in legs.<sup>2(p99)</sup>

#### **Lappa major 4X, 6X (Burdock)**

Skin eruptions, scaly red patches on scalp, rapid pulse, sore muscles, pain in all joints, shortness of breath, vertigo with nausea.<sup>1(p1134-5)</sup>

#### **Lycopodium clavatum 4X, 6X (Club Moss)**

Memory lapses; confusion; panic attacks; nerve pain; joint pain; shortness of breath; offensive perspiration; dry, red, scaly skin; itching skin; restless sleep; vertigo.<sup>1(p1191-1200)</sup>

## Metal-Chord

### Ingredients and Symptomatology Continued...

#### **Mercurius solubilis 15X** (*Quick Silver*)

Restlessness, intense thirst, trembling limbs, painful joints, cold hands and feet, metallic taste, bleeding gums, nasal discharge, profuse perspiration, itching skin eruptions, hoarseness, sleeplessness.<sup>1(p1287-96)</sup>

#### **Nux vomica 12X** (*Poison Nut*)

Irritability, coughs, eye twitching, sensitivity to sounds and light, spasms, craving for stimulants, headaches, difficulty breathing, constipation, itching skin eruptions, restless sleep, vertigo.<sup>1(1403-11)</sup>

#### **Plantago major 4X** (*Plantain*)

Irritability, excessive sadness, numbness and trembling in limbs, hoarseness, itching skin, restless sleep, ringing in ears.<sup>1(p1545-8)</sup>

#### **Plumbum metallicum 15X, 30X** (*Lead*)

Jerking, shocks, tremors, dizziness, anger, nervousness.<sup>3(p777-82)</sup>

#### **Pyridoxinum hydrochloricum 12X** (*Vitamin B6*)

Difficulty concentrating, restlessness, anxiousness, extreme temperature fluctuations – hot then cold, excess perspiration.<sup>2(p167-69)</sup>

#### **Selenium metallicum 15X**

Difficulty concentrating, extreme sadness, back pain, muscle twitching, craving stimulants, headaches, cramps and pains in limbs, hair loss, stomach cramps, itching skin eruptions.<sup>1(p1753-7)</sup>

#### **Stillingia sylvatica 4X** (*Queen's Root*)

Itching and burning skin, feelings of depression, cramps in hypogastric region, backache, pain down thighs and legs, stinging pains in face with headache, aching pains in bones of limbs and back, urine with sediment, skin ulcers, swollen glands, sleepiness in day, constipation.<sup>1(p1844)</sup>

#### **Thyroidinum 9X, 12X, 6C** (*Thyroid Gland Extract*)

Absent-minded; difficult concentrating; headaches; light-headed; hair loss; trembling limbs; numbness of fingers; cold, clammy hands; difficulty sleeping; hot/cold fluctuations; vertigo.<sup>1(p1957-60)</sup>

#### **Trifolium pratense 4X** (*Red Clover*)

Stiff neck, mental confusion, cold hands and feet, tingling in palms, increased flow of saliva, difficult breathing, coughs.<sup>1(p1968-9)</sup>

#### **Zingiber officinale 6X** (*Ginger*)

Memory lapses, dull aching pain in kidney region, painful respiration, dry cough, diarrhea, acid stomach.<sup>1(p2076-7)</sup>

### Label Drug Facts

#### **DRUG FACTS**

##### **ACTIVE INGREDIENTS**

Allium cepa 6X; Allium sativum 6X; Alpha-lipoic acid 12X; Alumina 15X, 30X; Arsenicum metallicum 15X, 30X; Berberis vulgaris 4X; Cadmium metallicum 15X, 30X; Carduus marianus 4X; Cetraria islandica 12X; Cuprum metallicum 15X, 30X; Cysteinum 12X; Glycyrrhiza glabra 4X; Hepar suis 9X, 12X, 6C; Lappa major 4X, 6X; Lycopodium clavatum 4X, 6X; Mercurius solubilis 15X; Nux vomica 12X; Plantago major 4X; Plumbum metallicum 15X, 30X; Pyridoxinum hydrochloricum 12X; Selenium metallicum 15X; Stillingia sylvatica 4X; Thyroidinum 9X, 12X, 6C; Trifolium pratense 4X; Zingiber officinale 6X.

##### **WARNINGS**

Do not use if neck wrap is broken or missing. ■ In case of overdose, get medical help or contact a Poison Control Center right away.

#### **DRUG FACTS (continued)**

##### **WARNINGS (continued)**

If pregnant or breast feeding, ask a health professional before use.  
 ■ **Keep out of reach of children.**  
 ■ Store in cool, dry place out of direct sunlight.

##### **DIRECTIONS**

Take 5 drops orally once daily, working up to 30 drops twice daily, or as directed by a healthcare professional. ■ Shake well before use.

##### **INACTIVE INGREDIENTS**

Purified Water 70%, Glycerin 15%, Ethanol 15%.

r09-14

#### References

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- Riley DS. *Materia Medica of New and Old Homeopathic Medicines*. Berlin Heidelberg: Springer-Verlag; 2012.
- Scholten, Jan. *Homeopathy and the Elements. 1st Edition*. The Netherlands: Stichting Alonnisos; 1996.
- Reckeweg HH. *Materia Medica Homoeopathia Antihomotoxica, Volume I: A Selective Pharmacology*. Baden-Baden: Aurelia-Verlag GmbH; 1996.

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